



# Keswick Methodist Church

I lift up my eyes to the hills.....

[www.keswickmethodistchurch.org.uk](http://www.keswickmethodistchurch.org.uk)



## Notices for week commencing 12 September 2021



### Ministers:

Rev Paul Saunders  
superintendent@westernfells.uk  
Deacon Kina Saunders  
deacon@westernfells.uk  
01900 823273

### Leadership Team:

See back page for contact details

Help us, Lord,  
that we may welcome  
all who hover on the fringes  
of Christ's Church.  
May we gather them in and  
enable them to take steps  
towards a greater  
understanding of you and your  
unconditional love.

Amen

**Day 13: Methodist Prayer  
Handbook 2021 -22**

(Michael Limmer, High Street  
Methodist Church, Witney)

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**10.30am**    **Worship** led by John Wilson

*Singing the Faith:* 353, 354, 627 & 566

*Readings:* Lamentations 3:22-33 & Mark 5:21-43

***Please stay for coffee and tea in the hall if you're able.***

## ***This Coming Week:***

### **Thursday 16 September:**

9.30-10am Prayer Group in the hall

### **Sunday 19 September:**

10.30am Harvest Worship led by Rev Joyce Ellis



### **Harvest Thanksgiving : Sunday 19 September**

Our Harvest this year is on 19 September, led by Rev Joyce Ellis. As we have

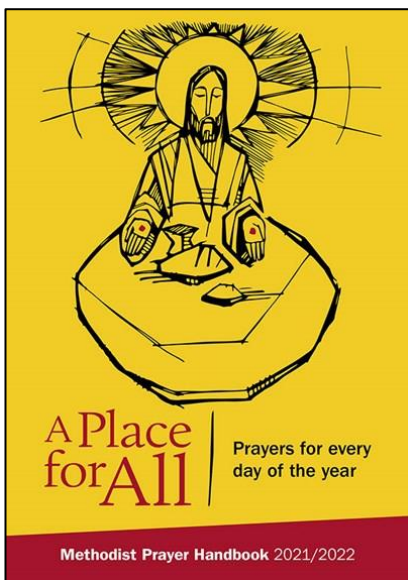
been doing in the last few years we invite you to bring one or more items for the Foodbank. The **Harvest Appeal shopping list** is available in the welcome area so please pick one up to see what food items are especially needed. After the service we invite you to a **'Bring and Not Share' lunch!** This means we're asking you to bring your own packed lunch to eat at the lunch tables and we'll provide the tea, coffee, water, etc! If you'd like to help set up tables, serve drinks or wash up, please let Pauline (017686 06539), Anne (75818) or Sheila (79253) know. Many thanks.

### **Presidential Prayer Cards**

Prayer cards for this year's President, Rev Sonia Hicks, and Vice President, Barbara Easton, are available in the welcome area. Please take one to pray for them during their term of office in 2021-22.

### **The Future**

The Leadership Team is meeting on Friday, 24 September and the main topic on the agenda is future planning as we go forward. We'll be discussing the way ahead, visions for the future and plans we can make for the growth of our church and the good of the people we come into contact with. We'd like your help! Is there anything we don't do at the moment that you'd like to see happen? This is an ideal time to tell us! All ideas are welcome. Just let any of the Leadership Team (contact details on back page) know before 24 September. Many thanks for your help.



**Methodist Prayer Handbook  
2021-2022 "A Place for ALL"  
£4.50 for either size  
Available now in the welcome  
area**

The Handbook is arranged as a monthly cycle. You can use the book as a focus for your daily prayer and start the cycle again at the beginning of each month, or just dip in. You could add your own notes in the margins to remind you of things you would like to pray for on particular days.

On the Lectionary pages in the centre of the handbook, suggested readings, hymns and psalms for each day of the year tie in with the Methodist Church's online resource A Word in Time.

This year's theme is '**A Place for All**'. No one was excluded from Jesus' table and eating with him was a sign of the kingdom of heaven and an invitation to meet God and to be transformed. We recognise that we do not always offer such generous welcome or listen to the voices on the margins.

As the Church strives to be God's people in a world changed by a global pandemic, here are prayers of thanksgiving and intercession, penitence and we resolve that, with God's help, we may recognise and repent of our exclusivity, and that then we may be reconciling, open to all and ready to listen to all voices equally. Together, we pray to become a more inclusive and diverse Church, creating communities of greater respect and compassion.

Both A5 and large print copies are available in the welcome area at £4.50 each.

## Foodbank

This week the Foodbank is asking for:

**tinned fruit, tinned custard, UHT milk, UHT orange juice and tinned spaghetti.** We're also asking you to

choose from the Harvest Shopping

List and to bring all food donations to church next Sunday so we can enjoy a harvest display before taking them to the Foodbank.



Donations of money to assist with food purchase can be sent direct to the North Lakes Foodbank, Lorton Street Methodist Church, Cockermouth, CA13 9RH or online via [give.net/20267456](https://www.give.net/20267456). Many thanks.

Roy Ellis (73340)

## The connexion

The summer edition of the Methodist magazine has arrived. The theme is **Be Bold** and inside are many inspiring stories from the life of the Methodist Church. Your copy is in the welcome area!

## September & October Newsletter and September-November Plan

These are now available in the welcome area. You'll notice the Plan has more churches and preachers – this is because of the enlargement of Western Fells Circuit to include the ex-Solway Circuit. Please do pray for all churches and preachers and Circuit leaders as we all settle into our new format.

## Refresh Online! Saturday

**4 September 10-11.15am**

The special day for ladies took place virtually on 4 September.

The video is now available on

YouTube. Just search "refreshcumbria" on YouTube for details and you'll be able to watch the whole thing.

The word "Refresh" is written in a large, orange, cursive font with a soft, glowing shadow effect behind it.

A group of us met in Crosthwaite Parish Room and were able to have tea and coffee first before watching the video together. It was a special time and we can recommend the video to you.

## Fundraising Table

Our fundraising stall is in the welcome area. Currently for sale are spiral notebooks (£5), jotter (£2), coasters (£1.50), eco mugs (£3), recipe books (£2), photo cards (£1.50 or 5 for £6) and our popular 'calendar' cards (50p). All profits go to our church funds.



## Two's Company Newsletter

The first newsletter of **Two's Company Keswick** is available in the welcome area. It's also on the notice board in the hall.

## Prayer Group

The Prayer Group meets every Thursday 9.30-10am, usually followed by coffee. It's a small group but the members are earnest in prayer for situations and people both locally and further away. New members are always welcome – and there's no expectation to come every week! For more information or if you'd like to add items for prayer, please have a word with David Hasson (75818).

## News from Churches Together in Keswick & Neighbourhood

Two joint services to look forward to – pop the dates in your diary now!

- 23 September 2.30pm : Service of Creation Care at St Begas, Bassenthwaite
- 7 November 6pm : All Souls Day CTIK Service at St Johns

## Hope & Anchor : Tuesdays 12.45-1.15pm from 28 September



Hope & Anchor is a weekly online chat show that explores spirituality and faith in an inclusive, fun, nonjudgmental way. Imagine a table at your local pub where friends and strangers meet up and talk about anything and everything, from the frivolous to the sublime. Watch online and participate on Facebook at **@MethodistChurchinBritain**.

## District Newsletter for September

The September District Newsletter is now available on the District website - [cumbriamethodistdistrict.org.uk](http://cumbriamethodistdistrict.org.uk).



# Breathing in Hope: Working with Stories of Change

2021 Cumbria Anna Chaplaincy & Dementia Conference

18th September 2021  
10 am - 3.20 pm

Speakers this year include:



*Rev. Keith Albans  
Methodist Minister*



*Jeanette Main  
Lyrics & Lunch*



*Kathryn Lord  
Stories for the Soul*

Do join us to meet with others offering spiritual care in later life in Cumbria and nationally

**Book your place here:**

<https://www.trybooking.co.uk/ZXL>

For information call: 01433 445010 or email  
[admin@churchestogethercumbria.org.uk](mailto:admin@churchestogethercumbria.org.uk)



## Welcome to Church – Our Current Covid ‘Rules’

We’re delighted to welcome members, friends and visitors to physical worship with us. We’ve reviewed our risk assessment and done everything we can to ensure your safety and protection. Currently we’ve decided that, despite the relaxation of all coronavirus legislation by the government, we’ll continue to operate on a covid-secure basis at the moment. This means it’s **“Hands, Face, Space”** and you must not come into church if you have any Covid symptoms or test positive.

- **Hands:** Please sanitise your hands at whichever entrance you use (hall, church and fire exit all have sanitisers on the wall).
- **Face:** Please continue to wear a face mask inside our building. The only exceptions are if you are exempt, if you are eating or drinking or need to speak to someone who is deaf and is lip reading.
- **Space:** We are keeping to ‘1metre plus’ for social distancing but not limiting the size of groups. We’ll continue to ventilate by opening windows and doors.
- **Singing:** The big news is we can now SING behind our masks! If you would prefer not to, that’s fine. And if you prefer to sit near the back, behind people singing, that’s fine too.
- **Test & Trace:** You’re advised to continue to use the QR code on your smart phone but we no longer need to take your contact details unless you wish us to. The Government advise you to continue lateral flow tests twice a week (or a PCR test if you have Covid symptoms). Lateral flow tests are available via the internet or from one of the local pharmacies.
- A steward will guide you to the worship area and show you where to sit. We’ll still be keeping one chair empty between groups or bubbles.
- A collection plate will be at the exit as you go out or in the hall. We’re delighted to be able to offer you coffee and tea – and a biscuit! Please do enjoy a cuppa and a chat if you are able. You should leave your empty cups on the tables for collection.
- We know many have had your Covid vaccines, but quite understand for those of our members who prefer not to return to church just yet.



We hope you understand that we will continue to take these precautions to help to reduce the spread of the virus as much as possible, and to protect both our church family and visitors.

If you have any questions please speak to one of us (details below).

The Leadership Team



## **Coffee Morning Saturday 10-12 25 September**

We had quite a number of cakes left in the freezer after the Convention so we're having a

special coffee morning to raise even more money for our four charities – Calvert Trust, Keswick Youth Club, Shackles Off and our own church. As well as cakes we'll also have jigsaw puzzles, cards, mugs and recipe books for sale – and maybe even some scones! Please encourage everyone you know to come along – and come yourself. We also need a few people to help with serving and making people welcome. Names to Anne (75818) or Pauline (017686 06539).

### **Need help?**

Please remember if you need help in any way that you can contact any of the Leadership Team:

Helen North 78025

Richard North 78025

Anne Hasson 75818

David Hasson 75818

Sheila Files 79253

Pauline Huggan 017686 06539

Fiona Crouch 07768 726681

Nigel Barker 73818

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**Notice Sheet:** Please email or phone any notices for next week through to Anne Hasson by e-mail to [annehasson@aol.com](mailto:annehasson@aol.com) or phone 75818 by **Thursday afternoon** at the latest.