



Keswick Methodist Church

I lift up my eyes to the hills.....

www.keswickmethodistchurch.org.uk



Notices for week commencing 8 August 2021



Ministers:

Rev Paul Saunders
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Deacon Kina Saunders
deacon@westernfells.uk
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Senior Steward: Helen North
017687 78025

Faithful God,
from ashes new life springs;
from waterlogged plains
your hand brings fruits.
Forgive us for doubting
your power of renewal
and help us
to trust in your purpose.
Amen.

Day 8

*Methodist Prayer Handbook
2020-2021*

10.30am **Worship & Communion**

led by Rev David Hasson

Singing the Faith: 483, 254, 587 & 407

Reading: Ephesians 4:25-5:2

Please stay for coffee and tea in the hall if you are able.

This Coming Week:

Thursday 12 August:

9.30-10am Prayer Group in the hall

Saturday 14 August:

12.30pm Wedding of Lucy North & Nathan Gregory

Sunday 15 August:

10.30am Morning Worship led by David Sharpe

Monday 16 August:

2pm Service of Celebration & Thanksgiving for the life of Keith Files

Thank you

My family and I would like to thank everyone who sent cards, kind messages, and prayers, both during Keith's illness, and since his death. I have indeed felt blest, and so supported by all the love and prayers that have been shared with us. Everyone is welcome to attend the Service of Celebration and Thanksgiving for Keith's life on **Monday, 16 August at 2 pm**. Thank you so much. Sheila Files



Cumbria

'Breathing in Hope: Working with Stories of Change'

The annual Anna Chaplaincy & Dementia Conference is being held this year on **18 September** using zoom. It's an opportunity to hear about stories of hope bringing about positive changes for older people and people with dementia. Speakers include: **Keith Albans**, Methodist Minister and former Director of Chaplaincy & Spirituality at MHA Homes and **Kathryn Lord** who will introduce us to Stories for the Soul, offering an experiential way to share faith stories that feed our soul. Other speakers will talk about practical initiatives to provide telephone befriending (Linking Lives), setting up friends groups for care homes (Care Home Friends) and the provision of music for people with dementia (Lyrics and Lunch). Booking is open at

trybooking.co.uk/ZXL

Foodbank

Over the school summer holidays the Foodbank's running two schemes for children in need of food help - Lunch Packs 4 Kids Scheme (primary age children) and Summer Food Packs –



A Helping Hand (secondary age children, plus years 12 & 13). This week the Foodbank is asking for the following to stock up: **tinned fruit, tinned custard, UHT milk, UHT orange juice and tomato & herb pasta sauce.** You can leave any food donations in the collection bin at church or at Booths. Many thanks.

Roy Ellis (73340)

Sticky Theology

The Methodist Church Evangelism and Growth Team is hosting a series of Facebook Live sessions for the summer which will explore different perspectives on some hot button theological topics. **All sessions can be watched again.** Live sessions are 12.15-1pm. More information can be found at

facebook.com/events/2954600814809947

- **22 July: Why is Jesus relevant today?** Rev Dr Jo Cox Darling, Rev Dr Raj Patta and Rev Ashley Cooper
- **5 August: Does everything happen for a reason?** Rev Simon Sutcliffe, Professor Clive Marsh and Deacon Eunice Attwood
- **12 August: Did the things in the Bible actually happen (and does it really matter?)** Rev Dr Jonathan Dean, Rev Dr Jasmine Devadason and Rev Dr Gary Hall
- **26 August: What even is heaven anyway?** Rev Nicola Price Tebbutt, Rev Dr Andrew Stobart and Rev Jenny Pathmarajah

*Wedding
Day*

Wedding : Saturday 14 August 12.30pm

We wish Lucy (Helen & Richard North's daughter) and Nathan well on their wedding day. We pray that their life together will be a long and happy one.

Thank you from two happy Conventioneers

Once again a big thank you for opening your premises to the Convention attenders each day. We really appreciate the welcome (and the tea/cakes and gifts!). We trust that you will know God's blessing over the coming year post Covid.

Mick & Dorothy (Weeks 1 & 2) : 1 Corinthians 15:58

September & October Newsletter

I have now begun to put together the next Newsletter. Please can you let me have any contributions within the next couple of weeks. You've been brilliant sending me photos and brief accounts of what you've been doing, I know how much people have appreciated them. So please let us know what you've been up to since the lockdown restrictions have been eased and particularly your pictures. Also information of anything that's due to take place that you'd like to advertise. With many thanks to you all.

Joyce Ellis : 38 Briar Rigg, CA124NN or joyce.ellis@zen.co.uk



The Two's Company Keswick Befriending scheme has now been set-up with a soft launch this week. Fiona Overend started in post as part-time scheme coordinator on 1 July. The upstairs office in Keswick Library is available every Tuesday and provides an office base. A laptop and iPhone have both been generously donated and repurposed and are being used by Fiona. Fiona has had her coordinator training through UK Linking Lives and is now consolidating that training. Her immediate priorities are to recruit, arrange DBS checks and train the initial tranche of 12 potential volunteers; and to assess the 4 potential scheme members that have already been referred. Fiona and Keith Rigg (scheme leader) have received the UKLL volunteer training and will be delivering that to volunteers. Details of how to refer into the scheme have been circulated to the local referral agencies. This soft launch of the scheme will allow some time to ensure everything is in place for a full launch in early September.

Welcome to Church – Our Current Covid ‘Rules’

We’re delighted to welcome members, friends and visitors to physical worship with us. We’ve reviewed our risk assessment and done everything we can to ensure your safety and protection. Currently we’ve decided that, despite the relaxation of all coronavirus legislation by the government, we’ll continue to operate on a covid-secure basis at the moment. This means it’s **“Hands, Face, Space”** and you must not come into church if you have any Covid symptoms or test positive.

- **Hands:** Please sanitise your hands at whichever entrance you use (hall, church and fire exit all have sanitisers on the wall).
- **Face:** Please continue to wear a face mask inside our building. The only exceptions are if you are exempt, if you are eating or drinking or need to speak to someone who is deaf and is lip reading.
- **Space:** We are keeping to 1metre plus for social distancing but not limiting the size of groups. We’ll continue to ventilate by opening windows and doors.
- **Singing:** We ask you not to sing when you attend morning worship.
- **Test & Trace:** You’re advised to continue to use the QR code on your smart phone but we no longer need to take your contact details unless you wish us to. The Government advise you to continue lateral flow tests twice a week (or a PCR test if you have Covid symptoms). Lateral flow tests are available via the internet or from one of the local pharmacies.
- A steward will guide you to the worship area and show you where to sit. We’ll be keeping one chair empty between groups or bubbles.
- At the end of the service you’ll be guided out row by row by a steward. Collection plates will be at the exits as you go out. We’re delighted to be able to offer you coffee and tea – and a biscuit! Please do enjoy a cuppa and a chat if you are able. You should leave your empty cups on the tables for collection.
- We know many have had your Covid vaccines, but quite understand for those of our members who prefer not to return to church just yet. A weekly written service is available if you wish to receive it instead. Let one of the stewards know.

We hope you understand that we will continue to take these precautions to help to reduce the spread of the virus as much as possible, and to protect both our church family and visitors.

If you have any questions please speak to one of us (details below).

The Leadership Team

Convention Refreshments thank you!

We'd like to say a big "thank you!" to everybody who helped in any way with the Convention refreshments during the last three weeks. As expected, we were much quieter than in previous



years, but as usual, our hospitality and comfortable venue was very appreciated by those who came for the daily Bible Readings and the Evening Celebrations. The refreshments were very much enjoyed as well with people returning throughout the day to sample the huge variety of cakes, so thank you very much to all bakers too!

The Leadership Team

Need help?

Please remember if you need help in any way that you can contact any of the Leadership Team:

Helen North 78025

Richard North 78025

Anne Hasson 75818

David Hasson 75818

Nigel Barker 73818

Sheila Files 79253

Christine Metcalf 72220

Pauline Huggan 017686 06539

Fiona Crouch 07768 726681

Notice Sheet: Please email or phone any notices for next week through to Anne Hasson by e-mail to annehasson@aol.com or phone 75818 by **Thursday afternoon** at the latest. Please note the earlier day due to the COVID-19 mailing which is continuing for those who want it.