



# Keswick Methodist Church

I lift up my eyes to the hills.....

[www.keswickmethodistchurch.org.uk](http://www.keswickmethodistchurch.org.uk)



## Notices for week commencing 15 August 2021



### Ministers:

Rev Paul Saunders  
superintendent@westernfells.uk  
Deacon Kina Saunders  
deacon@westernfells.uk  
01900 823273

**Senior Steward:** Helen North  
017687 78025

**Creator God,**  
we bless you for the honour you give us by making us in your image and calling us to share in your mission. Forgive us for all the ways in which we assault your image in ourselves, in others, and for the damage of our lifestyles on creation around us. Bring us to express our love for you with a deeper respect and care for ourselves, our neighbours and all creation.

Amen.

Day 15

*Methodist Prayer Handbook  
2020-2021*

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**10.30am**      **Worship** led by David Sharpe  
*Singing the Faith: 43, 149, 588 & 242*  
*Readings: Ephesians 5:15-20, John 6:51-59*

***Please stay for coffee and tea in the hall if you are able.***

## ***This Coming Week:***

### **Monday 16 August:**

2pm

Service of Celebration & Thanksgiving for  
the life of Keith Files

### **Thursday 19 August:**

9.30-10am

Prayer Group in the hall

7.30pm

Leadership Team at Holly Bank

### **Sunday 22 August:**

10.30am

Morning Worship & Baptism led by  
Rev Paul Saunders

## **Thank you**

My family and I would like to thank everyone who sent cards, kind messages, and prayers, both during Keith's illness, and since his death. I have indeed felt blest, and so supported by all the love and prayers that have been shared with us. Everyone is welcome to attend the Service of Celebration and Thanksgiving for Keith's life on **Monday, 16 August at 2 pm**. Thank you so much. Sheila Files



Cumbria

## **'Breathing in Hope:**

## **Working with Stories of Change'**

The annual Anna Chaplaincy & Dementia Conference is being held this year on **18 September** using zoom. It's an opportunity to hear about stories of hope bringing about positive changes for older people and people with dementia. Speakers include: **Keith Albans**, Methodist Minister and former Director of Chaplaincy & Spirituality at MHA Homes and **Kathryn Lord** who will introduce us to Stories for the Soul, offering an experiential way to share faith stories that feed our soul. Other speakers will talk about practical initiatives to provide telephone befriending (Linking Lives), setting up friends groups for care homes (Care Home Friends) and the provision of music for people with dementia (Lyrics and Lunch). Book at [trybooking.co.uk/ZXL](https://trybooking.co.uk/ZXL).

## Foodbank

Over the school summer holidays the Foodbank's running two schemes for children in need of food help - Lunch Packs 4 Kids Scheme (primary age children) and Summer Food Packs –



A Helping Hand (secondary age children, plus years 12 & 13). This week the Foodbank is asking for the following to stock up: **tinned fruit, tinned custard, UHT milk, UHT orange juice and tomato & herb pasta sauce.** You can leave any food donations in the collection bin at church or at Booths. Donations of money to assist with food purchase can be sent direct to the North Lakes Foodbank, Lorton Street Methodist Church, Cockermouth, CA13 9RH or online via <https://www.give.net/20267456>. Many thanks.

Roy Ellis (73340)

## Sticky Theology

The Methodist Church Evangelism and Growth Team is hosting a series of Facebook Live sessions for the summer exploring different perspectives on some hot button theological topics. **All sessions can be watched again.** Live sessions are 12.15-1pm. More information at [facebook.com/events/2954600814809947](https://www.facebook.com/events/2954600814809947).

- **22 July: Why is Jesus relevant today?**
- **5 August: Does everything happen for a reason?**
- **12 August: Did the things in the Bible actually happen (and does it really matter?)**
- **26 August: What even is heaven anyway?**

## September & October Newsletter

I've now begun to put together the next Newsletter. Please can you let me have any contributions within the next couple of weeks. You've been brilliant sending me photos and brief accounts of what you've been doing, I know how much people have appreciated them. So please let us know what you've been up to since the lockdown restrictions have been eased and particularly your pictures. Also information of anything that's due to take place that you'd like to advertise. With many thanks to you all.

Joyce Ellis : 38 Briar Rigg, CA124NN or [joyce.ellis@zen.co.uk](mailto:joyce.ellis@zen.co.uk)

## Conventioners say “Thank You”

- Friendly and great facilities.

*Louise*

- Excellently run as a relay centre for the Keswick Convention in 2nd half of July and 1st week August each year. Does cakes

and coffee during those special times after morning and before evening talks. It is a very up to date modern and well furnished building. Staff were welcoming. *Olaf*



- Margo my wife and I have been attending the convention relay in Keswick Methodist Church over the past three weeks. We are very grateful for the kindness of the church members who welcomed us on each occasion. I think we had the best seats in the convention with the best coffee and cakes available at very generous cost. May we take this opportunity to thank you for your kindness and generosity over these weeks. It has been very much appreciated. *Douglas*

- We really appreciate the welcome (and the tea/cakes and gifts!). We trust that you will know God’s blessing over the coming year post Covid. *Mick & Dorothy*

- Thank you for your welcoming, loving kindness and all your tireless hard work. The facilities you provided have been such a blessing to so many, particularly those who found getting to the main site quite difficult or had fear of crowds after isolating for so long. You’ve been a real Godsend. It’s been bliss to come into the calm serenity of your church hall, sit on comfortable seats and be able to see the screen and feel so much part of the services. Thank you too for all the wonderful coffee and cakes I’ve enjoyed! May the Lord bless your ministry and outreach in Keswick. *Marion*

## Welcome to Church – Our Current Covid ‘Rules’

We’re delighted to welcome members, friends and visitors to physical worship with us. We’ve reviewed our risk assessment and done everything we can to ensure your safety and protection. Currently we’ve decided that, despite the relaxation of all coronavirus legislation by the government, we’ll continue to operate on a covid-secure basis at the moment. This means it’s **“Hands, Face, Space”** and you must not come into church if you have any Covid symptoms or test positive.

- **Hands:** Please sanitise your hands at whichever entrance you use (hall, church and fire exit all have sanitisers on the wall).
- **Face:** Please continue to wear a face mask inside our building. The only exceptions are if you are exempt, if you are eating or drinking or need to speak to someone who is deaf and is lip reading.
- **Space:** We are keeping to 1metre plus for social distancing but not limiting the size of groups. We’ll continue to ventilate by opening windows and doors.
- **Singing:** We ask you not to sing when you attend morning worship.
- **Test & Trace:** You’re advised to continue to use the QR code on your smart phone but we no longer need to take your contact details unless you wish us to. The Government advise you to continue lateral flow tests twice a week (or a PCR test if you have Covid symptoms). Lateral flow tests are available via the internet or from one of the local pharmacies.
- A steward will guide you to the worship area and show you where to sit. We’ll be keeping one chair empty between groups or bubbles.
- At the end of the service you’ll be guided out row by row by a steward. Collection plates will be at the exits as you go out. We’re delighted to be able to offer you coffee and tea – and a biscuit! Please do enjoy a cuppa and a chat if you are able. You should leave your empty cups on the tables for collection.
- We know many have had your Covid vaccines, but quite understand for those of our members who prefer not to return to church just yet. A weekly written service is available if you wish to receive it instead. Let one of the stewards know.

We hope you understand that we will continue to take these precautions to help to reduce the spread of the virus as much as possible, and to protect both our church family and visitors.

If you have any questions please speak to one of us (details below).

The Leadership Team



The **Two's Company Keswick** Befriending scheme has now been set-up. Fiona Overend started in post as part-time scheme coordinator on 1 July. The upstairs office in Keswick Library is available every Tuesday and provides an office base. A laptop and

iPhone have both been generously donated and repurposed and are being used by Fiona. Fiona has had her coordinator training through *UK Linking Lives* and is now consolidating that training. Her immediate priorities are to recruit, arrange DBS checks and train the initial tranche of 12 potential volunteers; and to assess the 4 potential scheme members that have already been referred. Fiona and Keith Rigg (scheme leader) have received the *UKLL* volunteer training and will be delivering that to volunteers. Details of how to refer into the scheme have been circulated to the local referral agencies. This soft launch of the scheme will allow some time to ensure everything is in place for a full launch in early September.

**Need help?** Please remember if you need help in any way that you can contact any of the Leadership Team:

Helen North 78025

Richard North 78025

Anne Hasson 75818

David Hasson 75818

Nigel Barker 73818

Sheila Files 79253

Christine Metcalf 72220

Pauline Huggan 017686 06539

Fiona Crouch 07768 726681

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**Notice Sheet:** Please email or phone any notices for next week through to Anne Hasson by e-mail to [annehasson@aol.com](mailto:annehasson@aol.com) or phone 75818 by **Thursday afternoon** at the latest. Please note the earlier day due to the COVID-19 mailing which is continuing for those who want it.