



Keswick Methodist Church

I lift up my eyes to the hills.....

www.keswickmethodistchurch.org.uk



Notices for week commencing 11 July 2021



Ministers:

Rev Paul Saunders
superintendent@westernfells.uk
Deacon Kina Saunders
deacon@westernfells.uk
01900 823273

Senior Steward: Helen North
017687 78025

Loving God, we give you thanks and praise for your abundant mercy and grace that we receive. **Lord Jesus**, we ask you to give us peace in our mind, body, soul and spirit. Help us to bring healing to this broken world, bringing peace and hope to families and children in these uncertain times through the work of Action for Children. Give those who work for the charity the wisdom to make the right choices for those they help. Bring peace to those who are overwhelmed by circumstances that are sometimes beyond their control. You are the Prince of Peace and we put our trust in you. Amen

10.30am Action for Children Sunday Worship : Fiona Crouch

Hymns: 24, 331, 710, 707

Readings: John 14 : 15-28, Philippians 4 : 1-9

Please remember to wait for a steward to guide you when to leave at the end of the service. We'll be serving tea and coffee in the hall and you can either sit at tables (max 6 people/2 households at each table) or take your drink outside.

There will be a one way system and please socially distance in the queue for drinks. Dirty cups must be left on the table.

This Coming Week:

Thursday 14 July:

9.30am Prayer Group in the hall

Sunday 18 July: Convention Sunday

10.30am Worship led by David Hasson & Jeremy McQuoid

Safe and happy childhood

Action for Children protects and supports children and young people, providing practical and emotional care and support, ensuring their voices are heard, and campaigning to bring lasting improvements to their lives.



Foodbank

This week the Foodbank is requesting the following to stock up: **tinned fruit, tinned rice pudding, tinned potatoes, instant mash (single packets), tinned chicken in white sauce, tinned mince with onion & tinned beef bolognese.**

Please no dried pasta, rice or tinned tomatoes at the moment as we have plenty! You can leave any food donations in the collection bin at church or at Booths. Many thanks. Roy Ellis (73340)



Congratulations

We're very pleased to be able to congratulate Sophie Lynn, one of our church family, on gaining a 2:1 in her Creative Writing degree from University of Cumbria. Well done, Sophie!

Convention Refreshments 2021 : Saturday 17 July-Friday 6 August

This year in aid of Keswick Youth Club, Calvert Trust, Shackles Off & Keswick Methodist Church

Many thanks to those of you who have already signed up to help. With less than one week to go until the Convention starts, there are a lot of slots still to fill, so please do try to sign up this Sunday, especially for the first week.

We need people to act as hosts, to serve tea and coffee and to organise tables and chairs.

We also need people to help set up the church ready for the first Convention Service next Sunday. Thank you!



Helen North : Senior Steward (78025)

Car Park Bank Garden

If you come to church by car you'll have noticed the changes to the previously overgrown bank in the car park. If you haven't seen it, go and have a look. What an enormous difference! Our thanks go to those who worked on it and made it so lovely!

It will look even better, and become much easier to manage, once all the plants are well established. Until that time it will be a constant battle with weeds. Therefore we have a challenge for you all. If you know the difference between a plant and a weed then any time you come to church bring your gardening gloves and spend a little time removing weeds. If you're not sure of the difference and want to help Sheila Files will be happy to give advice.

The more people who respond to this the less each one will have to do. Can we rise to the challenge and not let the weeds beat us whilst making our church environment more appealing for our neighbours and users?

David Hasson : Property Steward (75818)

Engaging Theology in Cumbria : 12 July 7.30-9pm

The next event in the **Do Not be Afraid** series of Zoom seminars on Christian hope in today's world will be led by British artist Mark Cazalet and is entitled **And the Stillness the Dancing**. This takes place between 7.30-9pm and you can find more information or book using this link: <https://engaging-theology-in-cumbria.org/events>.



Circuit Steward Taster Session : 19 July

What does being a Circuit Steward entail? Do I have the skills and gifts to be a Circuit Steward? Is God asking me to take a role in the leadership of my Circuit? This session is for anyone asking these questions and who might be considering becoming a Circuit Steward. The session is online between 7.30-9pm on 19 July. It's an opportunity to explore the role of the Circuit Steward and to ask questions. Email Rob Glassonbury to book your place : nwmannnetwork@gmail.com. For more information contact Brec Seaton at seatonb@methodistchurch.org.uk. The event is facilitated by Brec Seaton (Learning Network) and experienced Circuit Stewards from the Kendal Circuit.

A New Vision for a Sustainable Future: 13-14 August via Zoom

In place of the postponed World Assembly in Gothenburg, the



World Federation
of Methodist and
Uniting Church Women

World Federation of Methodist and Uniting Church Women invites you to join a global online event on 13-14 August. The event, organised and led by World President Alison Judd, and Rachel Allison (the British Unit's Helen Kim Memorial Scholar), will include worship, Bible study, stories, and invitations to action. The event is FREE, but you can make a donation to the World Federation if you wish. To find out more about the event and to book your place go to wfmucw.org/global-online-event.

Convention Baking:

There's still room in the church freezer for scones, cakes and traybakes. Items can be left on Sunday mornings or when we're open during Convention. Please label them with a description, date baked



and if possible any allergens they contain. We also like to have all cakes and traybakes cut to a similar size, so if it's at all possible for you to not pre-cut them, that would be very much appreciated.

Any items will be gratefully received, with the following tending to go down (literally!) particularly well: **date slice, fruit cake, lemon drizzle cake, Victoria sponge (jam through middle & icing sugar on top will be fine), tea loaves, tiffin, traybakes and scones of any variety.**

As usual, Nigel will be happy to reimburse you for any ingredients used which hopefully might encourage you to do some 'batch baking' as we do get through cakes extremely quickly! Slips explaining how to do this are available at church.

If you have any questions at all, please don't hesitate to contact Helen on 017687 78025 or email helen.north1@gmail.com. Your hard work and help is very much appreciated and we'll look forward to hearing from you!

Helen North and the Leadership Team



Two's Company Keswick (a new initiative from Linking Lives)

We heard last week that **Fiona Overend** has been appointed as the first coordinator of this new scheme in our community. Aimed at addressing loneliness amongst people of any age

through a befriending scheme, it's now well underway to starting and is starting to recruit volunteer befrienders. Hopefully the Christian community in Keswick and the surrounding villages of the CA12 area will be able to offer a good number of volunteers!

Two's Company Keswick is a new long term befriending project for lonely and socially isolated adults in the Keswick and CA12 area due to launch this summer. It's been set up as a partnership between *Churches Together in Keswick* and *Keswick Rotary Club* with the support of *AgeUK West Cumbria* and under a partnership agreement with *UK Linking Lives*. If you're interested in people, good at listening and want to make a difference then this may be something for you! Please pick up a leaflet from the welcome area for further information and contact Keith Rigg, the project leader, at keith.rigg@btinternet.com if you're interested.

Refresh

Refresh 2021, the annual conference for ladies in Cumbria is gathering momentum, with its first taster video available on the

Refresh YouTube channel. You can watch it at

[youtube.com/watch?v=aqcvladhSG0](https://www.youtube.com/watch?v=aqcvladhSG0). Each month between now and the main event on 4 September there will be further taster videos. Please do be praying for the event, and who you might consider inviting into a cluster to watch it with. In the meantime, enjoy this video – captured on a sunny Keswick day earlier in the year.

Welcome Back to Church

We're delighted we've recommenced physical worship together for those who are able to attend. We've reviewed our risk assessment and done everything we can to ensure your safety and protection.

- We know many have had your Covid vaccines, but quite understand if you'd prefer not to return to church just yet. A weekly written service is available if you wish to receive it instead. Let one of the stewards know.
- If you have a temperature or a new and persistent cough or change or loss of taste and smell you should NOT come to church as these are symptoms of COVID-19.
- We've set up extra cleaning and you'll be asked to use the hand sanitiser as you come into the building.
- Face coverings are to be worn in church so please bring one and put it on before you come in. We do have free disposable masks if you forget!
- We'll be taking your contact details for NHS 'Test and Trace'. We'll keep this information for 21 days and then shred the details.
- A steward will guide you to the worship area and show you where to sit. You can sit with people in your household or bubble.
- We won't be singing at the moment but please take a hymnbook to read if you wish. All words will be on the screen. You can return the hymnbook to the stand at the end of the service.
- The collection plate will be in the welcome area. Please put your offering in it either before or after the service.
- At the end of the service you'll be guided out row by row by a steward. We're delighted to be able to offer you coffee and tea again! Please do stay and enjoy a cuppa and a chat if you are able. Six only to a table!

The Leadership Team

Keswick Convention : 17 July-6 August

The 2021 Convention's theme is ***Faithful***. Each week has seminars, Bible Readings and evening Celebration. This year the Convention will be on one site for the first time, with our church being used for relays of the Bible Readings and Evening Celebrations each week. St Johns will be used in Week 3 for Keswick Unconventional. The Convention organisers ask for our prayers as they make the final arrangements. The pandemic means there are a number of changes this year as they follow Government guidelines, one of which is the introduction of a registration and booking system to help manage social distancing and venue capacities. Most events will be livestreamed and/or available for catch up. Children's events will be replaced by a family event called *Families Together*. More information is available on vkc.keswickministries.org.

Future Dates:

- Saturday 17 July-Friday 6 August: Keswick Convention
- Sunday 22 August 10.30am: Baptism
- Friday 1 September: Merging of Solway Circuit into Western Fells Circuit
- Sunday 19 September: Harvest Thanksgiving

Need help?

Please remember if you need help in any way that you can contact any of the Leadership Team:

Helen North 78025
Richard North 78025
Anne Hasson 75818
David Hasson 75818
Nigel Barker 73818

Sheila Files 79253
Christine Metcalf 72220
Pauline Huggan 017686 06539
Fiona Crouch 07768 726681

Notice Sheet: Please email or phone any notices for next week through to Anne Hasson by e-mail to annehasson@aol.com or phone 75818 by **Wednesday evening** at the latest. Please note the earlier day due to the COVID-19 mailing which is continuing for those who want it.